

Idaho Perinatal Quality Collaborative News

February 2026

The Idaho Perinatal Quality Collaborative works to improve the quality of maternal health outcomes for all Idahoans. We promote evidence-based best practices in perinatal and neonatal care, work to increase access, and improve the overall health and well-being of families. Together, we can achieve our goal of providing respectful, compassionate, and effective care to all who need it.



February is American Heart Month



February is **American Heart Month**. Heart disease during pregnancy increases a woman's lifetime risk of cardiovascular disease and can also affect her children's future heart health, which makes prevention, preparedness, and rapid response critical. This American Heart Month, the message is clear: anyone can save a life. In a cardiac emergency, the first responder

is often a friend, family member, or bystander. Join the Nation of Lifesavers by learning CPR and explore the free resources in the American Heart Association's 2026 American Heart Month Toolkit [here](#).

Article

Cannabis Use During Pregnancy: What Clinicians Need to Know

In this [one hour webinar](#), experts will discuss how maternal sepsis is a leading cause of preventable maternal morbidity and mortality. This session focuses on recognizing warning signs early, understanding risk factors, and implementing timely, life-saving interventions.

You can view this webinar from your computer, tablet or mobile phone.

Announcement: New IDPQC Vice Chair Selected



We are pleased to announce the appointment of Teri Mandrak, MSN, APRN-CNS, AGCNS-BC, NPD-BC, CCE, C-EFM, CSM as the incoming Idaho PQC Vice Chair effective Feb. 1, 2026. With extensive experience in maternal health care and quality improvement, Teri brings strong leadership and deep commitment to our mission.

We also extend our sincere thanks to outgoing Vice Chair Jenna Florke for her two years of dedicated service and impactful leadership. Please join us in welcoming Teri Mandrak to this new role!

A bit about Teri:

I am a perinatal clinical nurse specialist dedicated to advancing the quality and safety of perinatal care. I have a deep passion for improving maternal outcomes, supporting evidence-based practices, and empowering both patients and care teams. I am honored to now serve as the vice chair and to continue collaboration on statewide efforts that improve perinatal health and advance the PQC's mission.

Save the Date! 2026 IDPQC Annual Summit



We are excited to announce that the 2026 IDPQC Annual Summit will be on Sept. 3, at the Riverside Hotel in Boise, Idaho. In person, virtual attendance will be available. More details and registration information will be available soon.

We are pleased to bring back a vendor exhibition option at this year's event, and have created a vendor interest form to collect interest while we finalize our event application form. To indicate your interest and receive the application form as soon as it is ready, please submit a response to the following link: [2026 IDPQC Annual Summit - Vendor Interest Form](#)

Additionally, we are exploring the option of a room block at the Riverside Hotel, and would like to gauge interest to help us determine if this is something we would like to pursue. If you will need lodging in Boise to attend, please submit a response to this form: [2026 IDPQC Annual Summit - Room Block Interest Form](#)

This will help inform conversations with the hotel, and we will directly follow up with anyone who submitted a response with more information when it is available.

Help Shape a New Postpartum Safety Initiative – Volunteer Opportunity



Join an exploratory committee that will design and guide a pilot postpartum alert wristband program! Volunteers will contribute expertise and design a program to strengthen postpartum care for Idaho families.

All maternal health stakeholders are welcome to volunteer, especially:

- Nurses
- Physicians
- EMS/first responders
- Representatives from rural areas

Click here to volunteer: [IDPQC Postpartum Bands - Exploratory Committee Interest Form](#)

Idaho Perinatal Quality Collaborative (IDPQC) - Rural Perinatal Care Hospital Info Form

The IDPQC is committed to supporting rural and critical access hospitals around the state of Idaho and would love to learn more about how we can help. If you work at a rural or critical access hospital, please take a moment to tell us more about your hospital by clicking the following link: [Idaho Perinatal Quality Collaborative \(IDPQC\) - Rural Perinatal Care Hospital Info Form](#).

Submission should only take five to 10 minutes. In addition to letting us know about the biggest needs of your hospital, you will also be able to submit information about key contacts at your institution, which will allow us to share resources and an invitation to an upcoming quarterly IDPQC Rural Perinatal Care meeting series.

The series started in January 2026, and brings together rural providers from around the state to share information and resources on requested topic. It also allows teams to network and collectively troubleshoot issues. These meetings will take place on the fourth Thursday every three months, from 3-4 p.m. MT, which the following meetings scheduled for 2026:

- April 23, 2026

- July 23, 2026
- Oct. 22, 2026

To request an invite to these meetings, please complete the form sign up request form: [IDPQC - Rural Perinatal Care Quarterly Meeting Sign Up Request](#).

Contact Phillip Wetmore with any questions at pwetmore@comagine.org.

IDPQC Quarterly Targeted Webinars - Open Access



The IDPQC is hosting a series of open access learning opportunities as part of its implementation of the Severe Hypertension in Pregnancy patient safety bundle. **These webinars will be open to all attendees** and are intended to support collaboration and improved outcomes in various care settings.

Register for each session by clicking the titles below:

- [Collaborating with First Responders \[comaginehealth.zoom.us\] \(Watch on Demand\)](#)
- March 4, 2026 - [Considerations for Rural Settings \[comaginehealth.zoom.us\]](#)
- June 3, 2026 - [Perinatal Care for Emergency Department Teams \[comaginehealth.zoom.us\]](#)
- Sept. 9, 2026 - [Hypertension Management for Direct-Entry and Community-Based Midwives \[comaginehealth.zoom.us\]](#)

IDPQC Severe Hypertension Monthly Meetings

The IDPQC Severe Hypertension Initiative is underway! In addition to the open access quarterly meetings mentioned above, we are hosting a monthly series intended for members of hospitals that are enrolled in the initiative. These meetings occur on the first Wednesday of each month from 12-1 p.m. MT, and will have a variety of topics and focus areas throughout the initiative.

One the third Wednesday of each month from 12-1 p.m. MT, enrolled participants can also join us for **optional drop-in technical assistance office hours**. This series will provide an opportunity to receive targeted clinical guidance about the IDPQC Hypertension initiative, get support with the data submission process, or ask questions about the initiative in general.

If you have any questions about how to join these meetings, or anything else related to the IDPQC Severe Hypertension Initiative, please reach out to Phillip Wetmore (pwetmore@comagine.org).